

GREAT SANKEY PRIMARY SCHOOL



'Together We Learn and We Grow'

SMOKE FREE SCHOOL POLICY

Version	Date	Action
1	September 2016	New policy written to replace current policy with a full review by the Governing Body
2	September 2018	Updated to be in line with WBC sample policy
3	Sept 2020	Updated in line with WBC policy
4	Sept 2022	Reviewed - no changes required

Great Sankey Primary School Smoke Free Policy

Date of Policy: September 2022

Staff Member Responsible/first point of contact: Lisa Wilding

Link Governor: Phil McEwan (Chair)

School Council Member: Y6 representative

Review Date: September 2024

Approval date by Governing Body: September 2022

School policies linked to this smoke free schools policy:

Health and Safety Policy

Drug Education Policy

Behaviour Policy

Drug Related Incident Policy

Introduction:

At Great Sankey Primary School we aim to provide a secure and happy environment for all our children through a well-balanced stimulating programme of activities. In partnership with parents and the local community we strive to give every child equal opportunities to achieve his/her full potential.

Great Sankey Primary will:

Provide - A safe, secure, happy and caring environment.

Foster - Respect, trust, honesty, confidence and self-esteem.

Develop - Independence, enthusiasm, individual potential, self motivation and pride.

Value - Friendships, creativity, good behaviour, high standards and success.

This policy provides guidance for members of the school community on why we are a Smokefree School. It has been developed with the need to balance the interests of the whole school, the need to protect children and enable all to work and learn in a smoke-free environment.

All children and young people need to be able to make safe, healthy and responsible decisions about smoking. Schools play a pivotal role in helping students make such decisions by providing education about the risks and effects of tobacco.

Aims and Objectives:

The aims of this policy are:

1. To reinforce that our school is a 'Smoke-Free' school and complies with the Smokefree legislation.
2. This policy has been developed to protect all employees, students and visitors from exposure to second hand smoke and to assist compliance with the Health Act 2006.
3. Exposure to second hand smoke increases the risk of lung cancer, heart disease and other serious illnesses.

The objectives of the policy are:

- To provide a smokefree school environment for everyone.
- To provide children and young people with a consistent message regarding tobacco and its impact on health.
- To provide assistance for those who smoke.
- Reduce smoking prevalence in Warrington.

Rationale:

Smoke Free Environments

The Department of Health's Tobacco Control Plan for England "Towards a smoke-free generation" launched in January 2017, outlines plans to reduce smoking in England, with the aim of creating a smoke-free generation. One of the objectives of the tobacco control plan is to reduce the number of 15 year olds who regularly smoke from 8% to 3% or less by the end of 2022. The Department of Health recognises the importance of prevention; with the need to discourage young people from smoking.

Smoking remains an addiction which is largely taken up in childhood, with the majority of smokers starting as teenagers. Smoking prevalence in 15 year olds continues to decline, however, 32% of smokers (current and ex-smokers) aged 16-24 started when they are 16 or 17. 77% of smokers aged 16 to 24 in 2014 began smoking before the age of 18. As a result many young people become addicted before they fully understand the health risks associated with smoking (Tobacco Plan 2017).

Children are heavily influenced by adult role models who smoke: in 2014, 82% of pupils who regularly smoked reported having a family member who smoked. Continuing to encourage adult smokers to quit must therefore remain an important part of reducing prevalence amongst the young, and achieving a smokefree generation (Tobacco Plan 2017).

Research shows that in 2014, 46% of pupils aged 11 to 15 who were current (regular and occasional) smokers usually bought their cigarettes in shops, despite the law which prohibits the sale of cigarettes to those under the age of 18 (Tobacco Plan 2017).

- Everyone has the right to a smoke-free environment.
- Smoking is the single most preventable cause of premature death and ill health in the UK
- Nationally, children's exposure to second hand smoke – children 'breathing other peoples' tobacco smoke' causes over 300,000 extra GP appointments due to asthma, respiratory conditions, bacterial meningitis and over 9,500 child hood hospital admissions each year
- Exposure to second hand smoke has been shown to cause lung cancer, heart disease and cause the onset of asthma, chest and ear infections and cot death in children.
- This increased illness leads to nursery and school absenteeism affecting education achievement, compounding poverty & continuance of the cycle of deprivation.

Smoking in Young People

- 80% of smokers take up the habit as teenager
- Approximately 330,000 children under the age of 16 years trying cigarettes for the first time each year. Two-thirds of smokers start before age 18. Of those who try smoking between one-third and one-half will become regular smokers.

- It is illegal to sell tobacco or e-cigarettes to any person under the age of 18 (ASH March 2017).
- Half of these children will die unnecessarily if they continue to smoke.

E-cigarettes

E-cigarette use is not recommended for young people. In the UK protection is in place via prohibitions on the sale of e-cigarettes to under-18s and purchase by adults on behalf of under-18s, and restrictions on advertising. However, because adult smokers use e-cigarettes to quit smoking and stay smokefree, the products can help reduce children's and young people's exposure to secondhand smoke and smoking role models.

UK data shows little evidence that young people who try e-cigarettes progress to regular use, other than those who had previously smoked. Schools have a particular responsibility in managing the risk of youth uptake of e-cigarettes and might want to treat e-cigarettes as they would any other age-restricted product.

Taken from "Use of e-cigarettes in public places and workplaces. Advice to inform evidence-based policy making" PHE 2016.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/534586/PHE-advice-on-use-of-e-cigarettes-in-public-places-and-workplaces.PDF

Smoke Free School Policy

The no-smoking policy forms part of the school's Health and Safety Policy arrangements. The Health Act 2006 places restrictions on smoking within the workplace. For further details of the law as it applies to England, please refer to www.smokefreeengland.co.uk

Comprehensive Smokefree Policies in schools provide a positive role model for children and contribute to the development of a health-promoting school. This policy will help to reinforce rather than contradict the school's PSHE education programme.

The Smokefree Policy will include the use of e-cigarettes and other vaping devices, as a smoking behaviour

Smokefree School Premises:

In 2007 Smokefree laws were introduced to protect people from the harms of secondhand smoke in public places, public transport and work vehicles. These laws have proven to be highly effective resulting in an immediate reduction in the number of children being admitted to hospital for asthma. Compliance is also virtually universal. To further protect children, the government extended legislation to cover private vehicles carrying children from October 2015 (Tobacco Plan 2017).

Smoking will NOT be permitted in any part of the school's premises, including kitchens, within the entrance area to the school or on land adjacent to the school building (car park, garden areas, walkway, playgrounds, playing fields etc) where this forms part of the school premises. This policy will apply equally to future premises at the design stage of any new building and refurbishment or relocation project.

There will be NO designated smoking areas provided within the school premises.

This policy applies to employees, parents and visitors, members of the public, contractors and others working or using the school's premises or vehicles. This policy will be clearly advertised and visitors to the school will be informed of it.

The school's disciplinary procedure will apply for dealing with staff and pupils who do not comply with the Smokefree Status at school.

Staff are authorised to ask non-employees who breach the policy to adhere to the smokefree status.

The Smokefree Policy will apply to all activities held in the school including before and after school sessions and any meetings organised which are attended by school employees as part of their work and/or visitors to such meetings/events.

Vehicles:

All school owned/hired/leased vehicles will be Smokefree and will display mandatory 'no-smoking' signage. Staff are not allowed to smoke in their own vehicles, when carrying passengers on school business. Failure to display no smoking signs can incur a fixed penalty notice on whoever manages or occupies the smokefree premises or vehicle.

Assistance for those who smoke:

We recognise the importance of being smokefree and therefore adhere to the principle that second hand smoke is damaging to health. In addition, we also stand by the notion that smoking is an addictive behaviour. We pledge that we are willing to be very supportive to anyone who wishes to give up smoking by offering stop-smoking information to anyone who is interested.

Staff should be aware of local stop smoking service support for staff, families and young people.

Livewire Stop Smoking Service can support anyone who lives or works in Warrington. LiveWire can provide friendly and helpful Stop Smoking support and advice.

Livewire has a trained advisor on hand waiting to chat to pupils, staff or parents/carers to answer any questions they may have. This can be accessed on the website by clicking the 'chat now' box on the website, alternatively complete a self referral form and a Livewire advisor will contact the young person/adult as soon as they are available.

Livewire also provide drop in sessions. Young people can just walk in and there will be an advisor waiting to see them. More information is available on the **drop in timetable**.

<https://livewirewarrington.co.uk/lifestyle/stop-smoking>

Education and Publicity:

Guidance and Signage

Schools have a legal responsibility to ensure that the required no smoking signs are in place for premises and vehicles. Suitable posters and No Smoking signs will be displayed in school areas to create a positive visual message which supports a smoke-free working environment. Posters are available to download from the government official guidance relating to the Smoke Free law 2007.

http://smokefreeengland.co.uk/files/a5_sign_sf_premises.pdf

Tobacco education will form part of the PSHE (Personal, Social & Health Education economic) programme, where consistent messages will be provided to pupils about the damaging effects of smoking on health.

Our school will promote National campaigns; such as No Smoking Day and Stoptober. Our School council and Children's Champions team help promote such events across the school through leading assemblies, poster campaigns etc.

Children are also taught about tobacco education across all phases through both their Science topics, linked to the National Curriculum requirements and also through our comprehensive PHSE programme.

Working with Parents and Governors:

The school recognises the importance of consulting with parents and governors to develop/ review the Smokefree Policy.

It will communicate the benefits for pupils and staff of having a smoke-free school environment.

Parents and governors will be asked to support this message and adhere to the smoking policy on school premises at all times.

In addition parents and governors can access smoking cessation help (signposted in the policy).

Working with Pupils:

Students know the school is smoke-free environment and understand the consequences if they are caught smoking.

Tobacco dependence is one of the hardest addictions to break. A smoker will typically have many failed quit attempts before they manage to successfully quit smoking.

Providing support to help smokers quit is highly cost-effective and local stop smoking services continue to offer smokers the best chance of quitting. Smokers who use them are up to four times as likely to quit successfully as those who choose to quit without help or with over the counter nicotine replacement therapy products (Tobacco Plan 2017)

Monitoring:

The policy will be monitored by management to ensure that it is running effectively. Any problems or queries relating to the policy can be put to management through a staff representative.

Cigarette Litter

The school caretaker/staff will be encouraged to monitor & record evidence of cigarette litter for example; where on school site, frequency and quantity.

Illicit Tobacco

Illicit tobacco includes counterfeit tobacco i.e. fake brands and products that are illegally imported evading the payment of UK duty. The school will contact Warrington Trading Standards regarding any concerns of illicit tobacco use in school.

https://www.warrington.gov.uk/info/201127/trading_standards

Discipline Procedures

The school should highlight discipline procedures for both staff/visitors and young people caught smoking on the school site.

Examples;

Discussion with pupil

Letter home to inform parent/carer

Detention

Health and Well-being:

The Smoke-Free Schools Policy is part of the wider Warrington Borough Council and Public Health approach towards smoking cessation and positive health and well-being.

The Policy will be formally reviewed every two years, with annual updates as necessary.