



# PSHE LTP – Cycle A

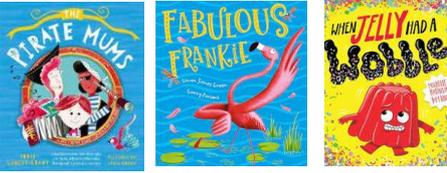


Phase	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>School &amp; British Value Links:</b>	<b>Our School Values</b>	<b>Be Honest</b> <b>British Value – Rule of Law</b>	<b>Be Accepting</b> <b>British Value – Tolerance</b>	<b>Be Responsible</b> <b>British Value – Individual Liberty</b>	<b>Be Resilient</b> <b>British Value – Democracy</b>	<b>Be Kind</b> <b>British Value – Mutual Respect</b>
<b>PSHE Association Themes:</b>	<b>Families and Friendships</b> <b>Respecting Ourselves and Others</b> <b>Money and Work</b>		<b>Growing and changing</b> <b>Media literacy and digital resilience</b> <b>Physical health and mental wellbeing</b>		<b>Belonging to a community</b> <b>Keeping safe</b> <b>Safe relationships</b>	
<b>KS1</b>  (PSHE Association Links – Y1)	<p><b>Week 1 =</b> Together We Learn and Grow + Transition</p> <p><b>Week 2 =</b> Our school values – what are values?</p> <p><b>Week 3 =</b> Roles of different people in our family.</p> <p><b>Week 4 =</b> How different families may look.</p> <p><b>Week 5 and 6 =</b> Together we can book by Caryl Hart / Ali Pye. Celebrating friendship, compassion and kindness.</p> <p><b>Week 7 =</b> Black History Month work. Look at influential figures from the past.</p>	<p><b>Week 1 =</b> What does it mean to be honest? The Boy Who Cried Wolf.</p> <p><b>Week 2 =</b> Anti-Bullying Week</p> <p><b>Week 3 =</b> Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules?</p> <p><b>Week 4 =</b> How behaviour affects others; being polite and respectful</p> <p><b>Week 5 =</b> Different Jobs in our community.</p> <p><b>Week 7 =</b> The Odd Egg by Emily Gravett (No Outsiders)</p>	<p><b>Week 1 =</b> What does it mean to be accepting?</p> <p><b>Week 2 =</b> What happened to you? James Catchpole / Karen George. Exploring disability awareness and tolerance.</p> <p><b>Week 3 =</b> Martin Luther King Day and Celebrating Differences Week. Who was Martin Luther King?</p> <p><b>Week 4 =</b> Elmer by David Mckee (No Outsiders)</p> <p><b>Week 5 =</b> Lesson linked to British Value of Tolerance. Why is it important to respect others?</p> <p><b>Week 6 =</b> Safer Internet Day – Using the internet and digital devices; communicating online.</p>	<p><b>Week 1 =</b> What is Fairtrade?</p> <p><b>Week 2 =</b> What does it mean to be responsible?</p> <p><b>Week 3 =</b> Lesson linked to British Value of Individual Liberty. Making the right choices.</p> <p><b>Week 4 =</b> Recognising what makes them unique and special; feelings and managing when things go wrong.</p> <p><b>Week 5 =</b> Keeping healthy; food and exercise,</p> <p><b>Week 6 =</b> Hygiene routines; and why is it important to stay safe in the sun?</p>	<p><b>Week 1 =</b> What is Resilience?</p> <p><b>Week 2 =</b> What rules are and caring for others' need.</p> <p><b>Week 3 =</b> Why is it important to look after the environment?</p> <p><b>Week 4 =</b> Lesson linked to British Value of Democracy. Why should we make decisions together?</p> <p><b>Week 5 =</b> Lesson linked to disability awareness - What happened to you by James Catchpole. No Outsiders.</p> <p><b>Week 6 =</b> How rules and age restrictions help us keep safe online.</p>	<p><b>Week 1 =</b> What does it mean to be kind?</p> <p><b>Week 2 =</b> Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith (No Outsiders)</p> <p><b>Week 3 =</b> Do all people have a safe place to live? Early links to living as a refugee.</p> <p><b>Week 4 =</b> Recognising privacy; staying safe; seeking permission.</p> <p><b>Week 5 =</b> What does it mean to show mutual respect?</p> <p><b>Week 6 =</b> Lesson linked to celebrating Nelson Mandela Day and links with South Africa. Do something kind in your community!</p>
<b>LKS2</b>  (PSHE Association Links – Y3)	<p><b>Week 1 =</b> Together We Learn and Grow + Transition</p> <p><b>Week 2 =</b> Our school values – what are values and why do we have them?</p> <p><b>Week 3 and 4 =</b> What makes a family; Do all families need to be the same?</p> <p><b>Week 5 and 6 =</b> This is our house by Michael Rosen (No Outsiders)</p>	<p><b>Week 1 =</b> Why is Honesty Important? Does Honesty Help To Build Trust?</p> <p><b>Week 2 =</b> Anti-Bullying Week</p> <p><b>Week 3 =</b> Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules? Consequences for breaking rules.</p> <p><b>Week 4 =</b> Recognising respectful behaviour; the</p>	<p><b>Week 1 =</b> How can we show acceptance?</p> <p><b>Week 2 =</b> Dogs can't do ballet by Anna Kemp. (No Outsiders)</p> <p><b>Week 3 =</b> Martin Luther King Day and Celebrating Differences Week. Why do we still remember Martin Luther King?</p> <p><b>Week 4 =</b> A Crayon's Story by Michael Hall. (No Outsiders)</p>	<p><b>Week 1 =</b> Why is Fairtrade Important?</p> <p><b>Week 2 =</b> How can we be responsible in our daily lives?</p> <p><b>Week 3 =</b> Lesson linked to British Value of Individual Liberty. Making the right choices and freedom of speech.</p> <p><b>Week 4 =</b> Personal strengths and achievements; managing and reframing set backs.</p>	<p><b>Week 1 =</b> How can we show resilience?</p> <p><b>Week 2 + 3 =</b> The values of rules and laws; rights, freedoms and responsibilities.</p> <p><b>Week 4 =</b> Lesson linked to British Value of Democracy – Is a Democracy Important.?</p> <p><b>Week 5 =</b> Invite a visitor in linked to our community, keeping safe or safe relationships.</p>	<p><b>Week 1 =</b> Are we kind all of the time?</p> <p><b>Week 2 =</b> The Hueys in the new jumper by Oliver Jeffers. (No Outsiders)</p> <p><b>Week 3 =</b> Lesson linked to Refugee Week. See books previous year.</p> <p><b>Week 4 =</b> Personal boundaries; safely responding to others; the impact of hurtful behaviour.</p>

	<p><b>Week 7 =</b> Black History Month work. Linked to a relevant PSHE book in school.</p>	<p>importance of self-respect; courtesy and being polite.</p> <p><b>Week 5 =</b> Different jobs and skills; job stereotypes.</p> <p><b>Week 6 =</b> Do all jobs pay the same?</p> <p><b>Week 7 =</b> We're all wonders (No Outsiders)</p>	<p><b>Week 5 =</b> Lesson linked to British Value of Tolerance. Why is it important to respect others and why is it important to learn about other faiths, cultures?</p> <p><b>Week 6 =</b> Safer Internet Day – How the internet is used; assessing information online.</p>	<p><b>Week 5 =</b> Health choices and habits</p> <p><b>Week 6 =</b> How do we express our feelings?</p>	<p><b>Week 6 =</b> Risks and hazards; safety in the local environment and unfamiliar places.</p>	<p><b>Week 5 =</b> Why is mutual respect important?</p> <p><b>Week 6 =</b> Lesson linked to celebrating Nelson Mandela Day and links with South Africa. Do something kind in your community!</p>
<p><b>UKS2</b>  (PSHE Association Links – Y5)</p>	<p><b>Week 1 =</b> Together We Learn and Grow + Transition</p> <p><b>Week 2 =</b> Our school values – Are values important?</p> <p><b>Week 3 and 4 =</b> Managing friendships and peer influence.</p> <p><b>Week 5 and 6 =</b> And Tango Makes Three by Justin Richardson, Peter Parnell. (No Outsiders). Same Sex Families.</p> <p><b>Week 7 =</b> Black History Month work. Look at Modern Day influential figures.</p>	<p><b>Week 1 =</b> Are we honest all of the time? Why / Why Not?</p> <p><b>Week 2 =</b> Anti-Bullying Week</p> <p><b>Week 3 =</b> Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules, what happens when we break them and rules in public life.</p> <p><b>Week 4 =</b> Responding respectfully to a wide range of people; recognising prejudice and discrimination.</p> <p><b>Week 5 =</b> Identifying job interests and aspirations; what influences career choices; work place stereotypes.</p> <p><b>Week 6 =</b> Why are some jobs paid more than others?</p> <p><b>Week 7 =</b> How to heal a broken wing by Bob Graham. (No Outsiders)</p>	<p><b>Week 1 =</b> Is acceptance the same as tolerance?</p> <p><b>Week 2 =</b> The Thing (No Outsiders)</p> <p><b>Week 3 =</b> Why is the work of Martin Luther King still important today? Celebrating Differences Week</p> <p><b>Week 4 =</b> The Island by Armin Greder. (No Outsiders)</p> <p><b>Week 5 =</b> Lesson linked to British Value of Tolerance. How can we show tolerance to different groups in society and why is this important?</p> <p><b>Week 6 =</b> Safer Internet Day – How information online is targeted; different media types; their role and impact.</p>	<p><b>Week 1 =</b> How can we support fairtrade?</p> <p><b>Week 2 =</b> Can you imagine a world without responsibility?</p> <p><b>Week 3 =</b> Lesson linked to British Value of Individual Liberty. Making the right choices, freedom of speech and how these impact public life. Link to school value of Responsibility.</p> <p><b>Week 4 =</b> Personal identity; recognising individuality and different qualities; mental wellbeing.</p> <p><b>Week 5 =</b> Healthy sleep habits</p> <p><b>Week 6 =</b> (Keeping Safe In Places Around The Worlds) Sun safety; medicines, vaccinations, immunisations and allergies.</p>	<p><b>Week 1 =</b> Do we need to be resilient in our lives?</p> <p><b>Week 2 + 3 =</b> Protecting the environment; compassion towards others</p> <p><b>Week 4 =</b> Lesson linked to British Value of Democracy – What would happen if we didn't have a Democracy?</p> <p><b>Week 5 =</b> Invite a visitor in linked to our community, keeping safe or safe relationships.</p> <p><b>Week 6 =</b> Keeping safe in different situations, including responding in emergencies, first aid and FGM.</p>	<p><b>Week 1 =</b> How does being unkind impact on others' lives?</p> <p><b>Week 2 =</b> My Princess Boy by Cheryl Kilodavis. (No Outsiders)</p> <p><b>Week 3 =</b> Refugees and Homelands book by Louise Spilsbury – Why do some people need to escape their homes?</p> <p><b>Week 4 =</b> Physical contact and feeling safe.</p> <p><b>Week 5 =</b> Is mutual respect earned or given?</p> <p><b>Week 6 =</b> Lesson linked to celebrating Nelson Mandela Day and links with South Africa. Do something kind in your community!</p>

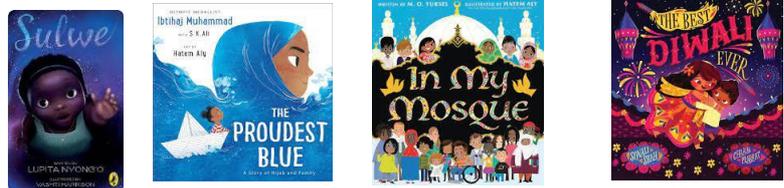
## Other Relevant Picture / Resource Books To Support PSHE, Protected Characteristics & Diversity

Below is a selection of picture books linked to the No Outsiders work in school and also linked to other relevant areas of the PSHE curriculum that you might utilise to support your planning. The name of the book, author and relevant link is detailed below:

<b>EYFS / Key Stage 1</b>	<b>Lower Key Stage 2</b>	<b>Upper Key Stage 2</b>
<p>'Look Up' by Nathan Bryan linked to Black History month and Mae Jemison.</p> <p>Max The Champion by Sean Stockdale</p> <p>Fantastic Families by Omari McQueen</p> <p>Fabulous Frankie by Simon James Green</p> <p>When Jelly Had A Wobble – Michelle Robinson (Managing Emotions and Anxiety)</p> <p>My Daddies! By Gareth Peter</p> <p>The Pirate Mums by Jodie Lancet-Grant</p>	<p>We are all different – A celebration of diversity by Tracey Turner.</p> <p>Amazing Me, Amazing You by Christine McGuinness</p> <p>Standing On her Shoulders – Inspirational Black Women From History by Monica Clark-Robinson</p> <p>Loud! By Rose Robbind (Links to managing anger and ADHD)</p> <p>Uncle Bobby's Wedding by Sarah S.Brannen</p>	<p>'The Place For Me – Stories about the Windrush Generation' by Floella Benjamin.</p> <p>We are all different – A celebration of diversity by Tracey Turner.</p> <p>Black and British – David Olusoga</p> <p>The Girl With Two Dads – Mel Elliot</p> <p>Refugees and Homelands – Civil Rights Stories by Louise Spilsbury</p> <p>Break the Mould by Sinead Burke</p>
		

### Books Linking To Religion & Tolerance:

The Best Diwali Ever by Sonali Shah  
 In My Mosque by M.O Yuksel  
 The Proudest Blue by Ibtihaj Muhammad  
 Sulwe by Lupita Nyong



### Books Linking To Money Management – Saving & Spending and Looking After Money

It's A No Money Day – Kate Milner  
 Cash – How To Save It, Earn It and Spend It by Rashmi SirdeShpande  
 Save It & Spend It by Cinders McLead

