



# PSHE LTP – Cycle B



Phase	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>School &amp; British Value Links:</b>	<b>Our School Values</b>	<b>Be Honest</b>  <b>British Value – Rule of Law</b>	<b>Be Accepting</b>  <b>British Value – Tolerance</b>	<b>Be Responsible</b>  <b>British Value – Individual Liberty</b>	<b>Be Resilient</b>  <b>British Value – Democracy</b>	<b>Be Kind</b>  <b>British Value – Mutual Respect</b>
<b>PSHE Association Themes:</b>	<b>Families and Friendships</b> <b>Respecting Ourselves and Others</b> <b>Money and Work</b>		<b>Growing and changing</b> <b>Media literacy and digital resilience</b> <b>Physical health and mental wellbeing</b>		<b>Belonging to a community</b> <b>Keeping safe</b> <b>Safe relationships</b>	
<b>KS1</b>  (PSHE Association Links – Y2)	<p><b>Week 1</b> = Together We Learn and Grow + Transition</p> <p><b>Week 2</b> = Our school values – what are values?</p> <p><b>Week 3 and 4</b> = Making friends; feeling lonely and getting help.</p> <p><b>Week 5 and 6</b> = Two Places To Call Home by Jess Rose – No Outsiders book linked to different families.</p> <p><b>Week 7</b> = Black History Month work. Look at influential figures from the past.</p>	<p><b>Week 1</b> = What does it mean to be honest? The Boy Who Cried Wolf.</p> <p><b>Week 2</b> = Anti-Bullying Week</p> <p><b>Week 3</b> = Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules?</p> <p><b>Week 4</b> = Recognising things in common and differences; playing and working cooperatively; sharing opinions.</p> <p><b>Week 5</b> = What money is; needs and wants; looking after money.</p> <p><b>Week 7</b> = The First Slodge by Jeanne Willis. (No Outsiders)</p>	<p><b>Week 1</b> = What does it mean to be accepting?</p> <p><b>Week 2</b> = Errol's Garden (No Outsiders)</p> <p><b>Week 3</b> = Why is it important to stand up for what we believe in?</p> <p><b>Week 4</b> = What the Jackdaw saw (No Outsiders)</p> <p><b>Week 5</b> = Lesson linked to British Value of Tolerance. Why is it important to respect others?</p> <p><b>Week 6</b> = Safer Internet Day – The Internet in everyday life; online content and information.</p>	<p><b>Week 1</b> = What is Fairtrade?</p> <p><b>Week 2</b> = What does it mean to be responsible?</p> <p><b>Week 3</b> = Lesson linked to British Value of Individual Liberty. Making the right choices.</p> <p><b>Week 4</b> = Growing older; naming body parts.</p> <p><b>Week 5</b> = Why sleep is important; medicines and keeping healthy</p> <p><b>Week 6</b> = How can we show our emotions and know when it is right to ask for help?</p>	<p><b>Week 1</b> = What is Resilience?</p> <p><b>Week 2</b> = Belonging to a group; roles and responsibilities</p> <p><b>Week 3</b> = Being the same and different in the community.</p> <p><b>Week 4</b> = Lesson linked to British Value of Democracy. Why should we make decisions together?</p> <p><b>Week 5</b> = I Am Not A Prince by Rachael Davis. No Outsiders Book linked to empowerment and being yourself.</p> <p><b>Week 6</b> = Safety in different environments; risks and safety at home and in emergencies.</p>	<p><b>Week 1</b> = What does it mean to be kind?</p> <p><b>Week 2</b> = Blown Away by Rob Biddulph. (No Outsiders)</p> <p><b>Week 3</b> = Community pledge – What can we do to help our community this year?</p> <p><b>Week 4</b> = Should we always keep secrets if they can put people in danger?</p> <p><b>Week 5</b> = Lesson linked to Mutual Respect.</p> <p><b>Week 6</b> = Lesson dedicated to carrying out your community pledge from earlier in the half term.</p>
<b>LKS2</b>  (PSHE Association Links – Y4)	<p><b>Week 1</b> = Together We Learn and Grow + Transition</p> <p><b>Week 2</b> = Our school values – what are values and why do we have them?</p> <p><b>Week 3</b> = Positive friendships</p> <p><b>Week 4</b> = Can friendships online be positive?</p>	<p><b>Week 1</b> = Why is Honesty Important? Does Honesty Help To Build Trust?</p> <p><b>Week 2</b> = Anti-Bullying Week</p> <p><b>Week 3</b> = Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules? Consequences for breaking rules.</p>	<p><b>Week 1</b> = How can we show acceptance?</p> <p><b>Week 2</b> = Sulwe by Nupita Ylong. Links to Acceptance.</p> <p><b>Week 3</b> = People around the world who have stood up for their beliefs and values.</p> <p><b>Week 4</b> = Julian is a Mermaid (No Outsiders Book)</p>	<p><b>Week 1</b> = Why is Fairtrade Important?</p> <p><b>Week 2</b> = How can we be responsible in our daily lives?</p> <p><b>Week 3</b> = Lesson linked to British Value of Individual Liberty. Making the right choices and freedom of speech.</p> <p><b>Week 4</b> = Physical and emotional changes</p>	<p><b>Week 1</b> = How can we show resilience?</p> <p><b>Week 2</b> = What makes a community?</p> <p><b>Week 3</b> = Different responsibilities within our community</p> <p><b>Week 4</b> = Lesson linked to British Value of</p>	<p><b>Week 1</b> = Are we kind all of the time?</p> <p><b>Week 2</b> = King and King by Linda Dehann. (No Outsiders)</p> <p><b>Week 3</b> = Community pledge – What can we do to help our community this year?</p> <p><b>Week 4</b> = Responding to</p>

	<p><b>Week 5 and 6 =</b> Along came a different (No Outsiders)</p> <p><b>Week 7 =</b> Black History Month work. Linked to a relevant PSHE book in school.</p>	<p><b>Week 4 =</b> Respecting differences and similarities; discussing different sensitively.</p> <p><b>Week 5 =</b> Making decisions about money; using and keeping money safe.</p> <p><b>Week 6 =</b> Why is having a budget important?</p> <p><b>Week 7 =</b> The Way Back Home by Oliver Jeffers. (No Outsiders).</p>	<p>linked to acceptance.</p> <p><b>Week 5 =</b> Lesson linked to British Value of Tolerance. Why is it important to respect others and why is it important to learn about other faiths and cultures?</p> <p><b>Week 6 =</b> Safer Internet Day – How data is shared and used.</p>	<p>through to old age and personal hygiene. <b>(Covered in depth through UKS2 Science Curriculum)</b></p> <p><b>Week 5 =</b> Maintaining a balanced lifestyle</p> <p><b>Week 6 =</b> Why is it important to have good oral hygiene? <b>Links to LKS2 science Curriculum.</b></p>	<p>Democracy – Is a Democracy Important?</p> <p><b>Week 5 =</b> Safe relationships – Can we trust everyone that we meet?</p> <p><b>Week 6 =</b> Medicines and household products; drugs common to everyday life.</p>	<p>hurtful behaviour; managing confidentiality;</p> <p><b>Week 5 =</b> Recognising risks online.</p> <p><b>Week 6 =</b> Lesson dedicated to carrying out your community pledge from earlier in the half term.</p>
<p><b>UKS2</b></p> <p><b>(PSHE Association Links – Y6)</b></p>	<p><b>Week 1 =</b> Together We Learn and Grow + Transition</p> <p><b>Week 2 =</b> Our school values – Are values important?</p> <p><b>Week 3 =</b> Attraction to others</p> <p><b>Week 4 =</b> romantic relationships; civil partnership and marriage.</p> <p><b>Week 5 and 6 = The Girls</b> (No Outsiders)</p> <p><b>Week 7 =</b> Black History Month work. Look at Modern Day influential figures.</p>	<p><b>Week 1 =</b> Are we honest all of the time? Why / Why Not?</p> <p><b>Week 2 =</b> Anti-Bullying Week</p> <p><b>Week 3 =</b> Fundamental British Values (Rule of Law and Understanding Rules) Why do we have rules, what happens when we break them and rules in public life.</p> <p><b>Week 4 =</b> Expressing opinions and respecting other points of view, including discussing topical issues.</p> <p><b>Week 5 =</b> Influences and attitudes to money, money and financial risks.</p> <p><b>Week 6 =</b> What risks do people take with money and how can they prevent these?</p> <p><b>Week 7 =</b> Leaf by Sandra Deichman (No Outsiders)</p>	<p><b>Week 1 =</b> Is acceptance the same as tolerance?</p> <p><b>Week 2 =</b> The Artist Who Painted A Blue Horse by Eric Carl. (No Outsiders)</p> <p><b>Week 3 =</b> How do people stand up for what they believe in? Peaceful Protesting.</p> <p><b>Week 4 =</b> Rose Blanche by Ian McEwan. (No Outsiders)</p> <p><b>Week 5 =</b> Lesson linked to British Value of Tolerance. How can we show tolerance to different groups in society and why is this important?</p> <p><b>Week 6 =</b> Safer Internet Day – Evaluating media sources; sharing things online.</p>	<p><b>Week 1 =</b> How can we support fairtrade?</p> <p><b>Week 2 =</b> Can you imagine a world without responsibility?</p> <p><b>Week 3 =</b> Lesson linked to British Value of Individual Liberty. Making the right choices, freedom of speech and how these impact public life. Link to school value of Responsibility.</p> <p><b>Week 4 =</b> What effects mental health and ways to take care of it?</p> <p><b>Week 5 =</b> Managing change, loss and bereavement</p> <p><b>Week 6 =</b> Managing our time online.</p>	<p><b>Week 1 =</b> Do we need to be resilient in our lives?</p> <p><b>Week 2 =</b> Valuing diversity; What is a stereotype?</p> <p><b>Week 3 =</b> What does it mean to discriminate?</p> <p><b>Week 4 =</b> Lesson linked to British Value of Democracy – What would happen if we didn't have a Democracy?</p> <p><b>Week 5 =</b> Are all relationships safe and healthy? Peer pressure etc.</p> <p><b>Week 6 =</b> Recognising and managing pressure; consent in different situations.</p>	<p><b>Week 1 =</b> How does being unkind impact on others' lives?</p> <p><b>Week 2 =</b> Dreams of freedom by Amnesty International. (No Outsiders)</p> <p><b>Week 3 =</b> Community pledge – What can we do to help our community this year?</p> <p><b>Week 4 =</b> Keeping personal information safe; regulations and choices</p> <p><b>Week 5 =</b> Drug use and the law; drug use and the media.</p> <p><b>Week 6 =</b> Lesson dedicated to carrying out your community pledge from earlier in the half term.</p>

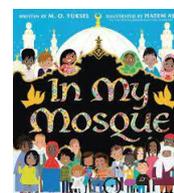
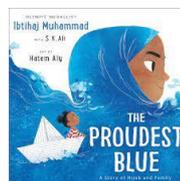
## Other Relevant Picture / Resource Books To Support PSHE, Protected Characteristics & Diversity

Below is a selection of picture books linked to the No Outsiders work in school and also linked to other relevant areas of the PSHE curriculum that you might utilise to support your planning. The name of the book, author and relevant link is detailed below:

<b>EYFS / Key Stage 1</b>	<b>Lower Key Stage 2</b>	<b>Upper Key Stage 2</b>
<p>'Look Up' by Nathan Bryan linked to Black History month and Mae Jemison.</p> <p>Max The Champion by Sean Stockdale</p> <p>Fantastic Families by Omari McQueen</p> <p>Fabulous Frankie by Simon James Green</p> <p>When Jelly Had A Wobble – Michelle Robinson (Managing Emotions and Anxiety)</p> <p>My Daddies! By Gareth Peter</p> <p>The Pirate Mums by Jodie Lancet-Grant</p>	<p>We are all different – A celebration of diversity by Tracey Turner.</p> <p>Amazing Me, Amazing You by Christine McGuinness</p> <p>Standing On her Shoulders – Inspirational Black Women From History by Monica Clark-Robinson</p> <p>Loud! By Rose Robbind (Links to managing anger and ADHD)</p> <p>Uncle Bobby's Wedding by Sarah S.Brannen</p>	<p>'The Place For Me – Stories about the Windrush Generation' by Floella Benjamin.</p> <p>We are all different – A celebration of diversity by Tracey Turner.</p> <p>Black and British – David Olusoga</p> <p>The Girl With Two Dads – Mel Elliot</p> <p>Refugees and Homelands – Civil Rights Stories by Louise Spilsbury</p> <p>Break the Mould by Sinead Burke</p>
		

### Books Linking To Religion & Tolerance:

The Best Diwali Ever by Sonali Shah  
 In My Mosque by M.O Yuksel  
 The Proudest Blue by Ibtihaj Muhammad  
 Sulwe by Lupita Nyong



### Books Linking To Money Management – Saving & Spending and Looking After Money

It's A No Money Day – Kate Milner  
 Cash – How To Save It, Earn It and Spend It by Rashmi SirdeShpande  
 Save It & Spend It by Cinders McLead

